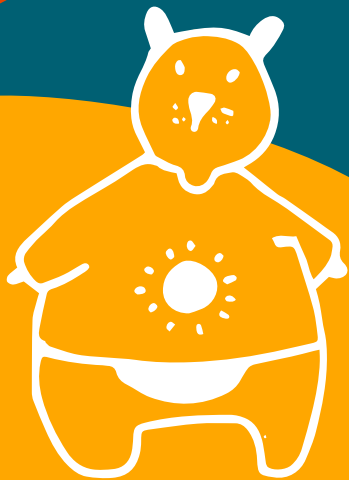


Kids Menu

After surgery, it is common to not feel hungry. Snacks and small meals are a great way to provide children with nutrition at this time.

Children are also welcome to order from our Patient Menu.

Meals can be ordered between 7 am and 7 pm. Please call **25777** from your bedside phone to order. Alternatively, **scan the QR code** from your personal smartphone or tablet to order online. Our online menu works best in Google Chrome.

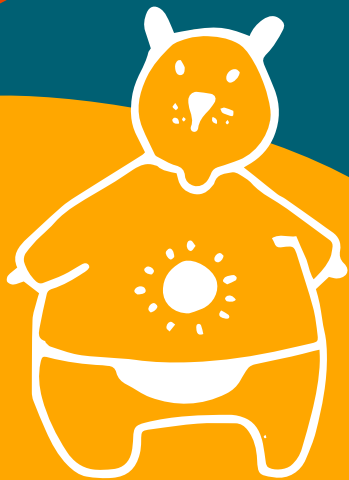


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Lunch/Dinner

DRINKS

Milk GF
 Apple juice GF
 Orange juice GF
 Up & Go Energize

SNACKS AND FRUITS

Biscuit
 Muffin
 Fruit yoghurt GF
 Apple GF
 Banana GF

SANDWICHES

Vegemite
 Jam GF
 Chicken GF
 Egg GF
 Ham GF

HOT MEALS

Beef and cheese burger
 Fish and seasoned wedges
 Baked beans
 Spaghetti
 Cottage pie
 Chicken stir fry
 + Rice
 + Noodles

TOASTS AND SPREADS

White bread
 Wholemeal bread
Spread options: *Butter, margarine*

SIDES

Steamed vegetables GF
 Seasoned wedges
 Mashed potato and gravy GF
 Garden salad GF

DESSERTS

Jelly and ice cream GF
 Ice cream and chocolate sauce
 Fruit crumble



Breakfast

DRINKS

Milk GF
 Apple juice GF
 Orange juice GF
 Up & Go Energize

TOASTS AND SPREADS

White bread
 Wholemeal bread
Spread options: *Butter, margarine, vegemite, honey, jam*

SIDES

Fruit yoghurt GF
 Fruit salad GF

CEREALS

Cornflakes GF
 Rice bubbles
 Weet-Bix GF

Milk options: *Low fat, standard*

COOKED BREAKFASTS

Pancakes with banana and maple syrup
 Boiled eggs – 1 or 2 GF
 Scrambled eggs – 1 or 2 GF
Sides: *Sausages, hash brown, bacon*