

PEG

Percutaneous Endoscopic Gastrostomy Tube Insertion

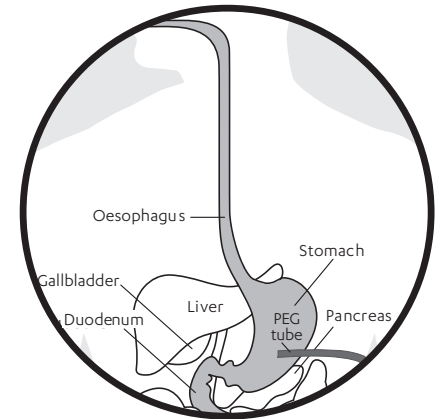
PERCUTANEOUS ENDOSCOPIC GASTROSTOMY

What is a PEG?

A Percutaneous Endoscopic Gastrostomy (PEG) is the procedure where a tube is inserted through the skin of your abdominal wall into your stomach, to enable you to have liquid food.

Why are you having this procedure?

A PEG is generally recommended for people who experience difficulties with swallowing. Because of your difficulties with swallowing, your doctor has asked us to place a percutaneous gastrostomy tube through the skin of your abdominal wall into your stomach. You will be able to have liquid food through this tube.



During your procedure you will be given **sedation**. It is important that you arrange for someone to drive you home following your procedure. You are not permitted, by law, to drive yourself. For safety reasons, if you are travelling on public transport, or in a taxi, please arrange for a support person to travel with you.

PREPARATION

You will be asked not to have anything to eat or drink from midnight on the day of the procedure so that your stomach is empty.

PROCEDURE

Once in the Gastroenterology department you will be taken to the endoscopy room. Relaxing and pain-killing injections will be given to you, and although you will not be completely asleep during this procedure, these medications may make you forget what has happened.

How is a PEG given?

You will be lying in bed on your left hand side and the doctor will pass a narrow flexible tube into your mouth. This tube is called an endoscope. You will be asked to swallow to help the endoscope pass over the back of the throat down into your stomach. You will be able to breathe normally during this procedure.

You will then be helped to turn on to your back. A guide wire is inserted through your skin into your stomach and withdrawn through your mouth with help from the endoscope. Over this guide wire the feeding tube is advanced down into your stomach and pulled through your skin, so that it sits firmly in position on the outside of your abdomen.

After the procedure

You will need to stay overnight in hospital to monitor for any complications. You will be given advice on how to use the feeding tube. Usually, feeding through the PEG tube can start the same day the PEG tube is inserted.

SEDATION

Sedation is generally used during the procedure. It is important that you **do not drive or operate machinery for 12 hours** after your procedure. Please arrange for someone to drive you home afterwards. You are not permitted, by law, to drive yourself. For safety reasons, if you are travelling on public transport, or in a taxi, please arrange for a support person to travel with you. Please prepare for an overnight stay.

RISKS

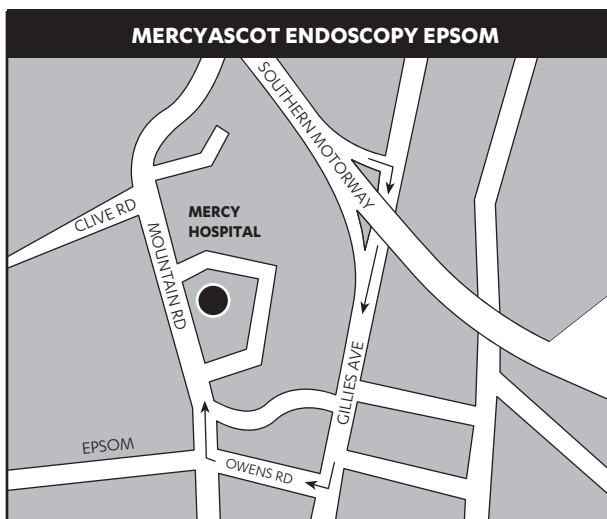
The procedure is relatively uncomplicated, but occasionally problems do occur. These include bleeding or infection around the tube placement site. Rarely, damage to other organs in your abdomen may occur.

These complications are however infrequent, and the vast majority of patients will have the P.E.G. tube inserted in a straightforward manner.

Please note that any crown or bridging work may be at risk during the procedure if it causes you to clench or grind your teeth. Otherwise, your teeth are not at risk.

If you require any further information or if you would like to discuss any queries or concerns, please ask a nurse or doctor.

LOCATIONS



Address: 98 Mountain Road, Epsom, Auckland 1023

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