

## Referral form

Mr | Mrs | Dr | Miss | Ms

**Allevia**  
Endoscopy

First name: | Surname:

Address:

Email: | NHI:

Date of birth: / / | Phone:

**For electronic referrals please use EDI: escopema**

### Request

☐ **Gastroscopy**

### Indications

☐ Dyspepsia/Pain  
☐ Dysphagia +/- dilatation  
☐ Upper GI Bleeding  
☐ Other: \_\_\_\_\_

☐ Reflux  
☐ Coeliac symptoms  
☐ Barrett's Oesophagitis  
☐ Anaemia

☐ **Colonoscopy**

☐ Change in bowel habits  
☐ Positive FOB/Rectal Bleeding  
☐ Abdominal pain  
☐ Other: \_\_\_\_\_

☐ Surveillance for IBD  
☐ Abnormal X-ray  
☐ Previous CRC/Polyps  
☐ Family history CRC/Screening

☐ **Sigmoidoscopy**

☐ **Haemorrhoid banding**

### Specialist referral only:

☐ ERCP ☐ PEG ☐ Iron Infusion

### Relevant medical history

### Current medications

### Recent Barium Study

☐ Yes ☐ No

### Preferred endoscopist

☐ Yes ☐ No

### X-rays available

☐ Yes ☐ No

Endoscopists' Name:

Referred by:

Date: / / | Phone: | Fax:

Please call to book an appointment and bring this referral form with you.

For more information visit [alleviahospitals.co.nz/endoscopy](http://alleviahospitals.co.nz/endoscopy)

### Allevia Endoscopy Epsom

☎ 09 623 5725 or 09 623 5700

✉ [ependoadmin@allevia.co.nz](mailto:ependoadmin@allevia.co.nz)

### Allevia Endoscopy North Shore

☎ 09 486 4346

✉ [nsendoadmin@allevia.co.nz](mailto:nsendoadmin@allevia.co.nz)

## Endoscopy explained

**A GASTROSCOPY** is an examination of the oesophagus, stomach and duodenum for diagnosis and treatment of gastric problems. This involves swallowing a flexible tube. It is important that the stomach must be completely empty for this examination.

- Prior to your appointment at Allevia Endoscopy, you will be asked:
  - **Not to eat** for six hours before the procedure
  - **Not to drink** for two hours before the procedure

**A COLONOSCOPY** is an examination of the bowel by means of a narrow flexible tube for diagnosis and treatment of bowel conditions. The bowel must be completely empty for this examination.

- Instructions for bowel preparation and fasting will be given when you contact Allevia Endoscopy for an appointment.

## Specialist referral only

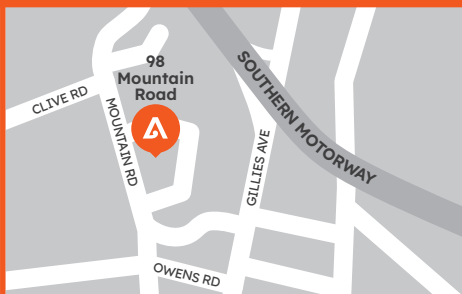
**AN ERCP** is an examination of the pancreas and bile duct. This involves swallowing a flexible tube and an X-ray procedure.

## Instructions to patients

- During your procedure you will be given **sedation**. It is important that you arrange for someone to drive you home following your procedure. You are not permitted, by law, to drive yourself. For safety reasons, if you are travelling on public transport, or in a taxi, please arrange for a support person to travel with you.
- Please bring all the medications that you are currently taking, your X-rays, and this request form with you.
- If you are a diabetic, are taking aspirin or 'blood thinning drugs' or have a significant medical condition, inform the Endoscopy staff at the time of booking as special instructions may apply.
- Do not hesitate to telephone the Allevia Endoscopy team if you have any questions regarding your appointment.

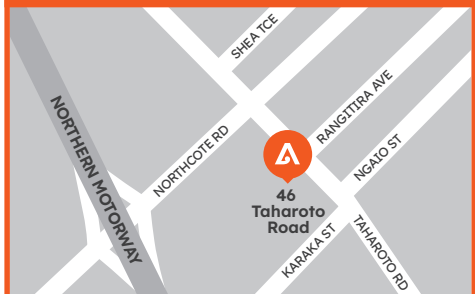
## Two Allevia Endoscopy locations

### Epsom



Allevia Hospital Epsom, 98 Mountain Road

### North Shore



46 Taharoto Road, Takapuna