

What to expect from a MRI arthrogram

The information listed below is only a guide; you will be advised of specific details when making your appointment.

MRI (Magnetic Resonance Imaging) produces detailed cross-sectional images of most parts of the body, using two naturally occurring forces to generate the images – magnetic fields and radio waves.

The arthrogram procedure, which takes place prior to the MRI scan, involves the administration of a contrast agent to enable better visualisation of the joint structure. The contrast is administered under X-ray, with fluoroscopic guidance or Ultrasound.

Please follow these steps before coming to your MRI appointment at Allevia Radiology:

Due to the strong magnetic field of the scanner, some patients may not be able to have an MRI examination. Please contact us directly if you have the following:

- A cardiac pacemaker.
- Cochlear or Stapes implants.
- Metal fragments in the eye.
- Metal clips on blood vessels in the brain.

Prior to your appointment

Continue to take all prescribed medication as usual and bring a list of any medications you are currently taking to your appointment.

On arrival

1. You will go through to the ultrasound or fluoroscopy room where the staff will explain the procedure prior to the arthrogram injection.
2. After the injection, you will be taken to the MRI scan room.
3. You should allow 30 minutes for the procedure and 45 minutes for the MRI scan.

After procedure

1. It is recommended you do not drive home following your MRI arthrogram. Please arrange transport to pick you up after your appointment.
2. You should not do any heavy lifting or strenuous exercise for 24 hours after your arthrogram injection.

If you have any questions regarding your MRI appointment,
please do not hesitate to call us on 09 630 3324 or 0800 497 297.
We look forward to seeing you.